

4 - 3ª jornada, 1ª sesión

21/12/2025

Prueba 23  
21/12/2025

Fem., 200m Libre

20 años y mayores  
Lista de salida

AN

Serie 1 de 5

2	GONZALEZ MARTEL, Andrea	51	C.D. Jescagua	5:55.47	50m	___:___:___
3	HAMPLOVA, Eva	72	Cn.Salinas Sta.Lucia	4:10.38	50m	___:___:___
4	FLORES SANTANA, Tania Del Carmen	84	C.D.N. Playuki	3:58.41	50m	___:___:___
5	ARTILES DIEPA, Leticia	98	C.D.N. Playuki	4:05.52	50m	___:___:___
6	RODRIGUEZ FUENTES, Mercedes	37	C. Tenerife Masters	5:11.43	50m	___:___:___
7	FELIPE RAMIREZ, Maria Del Carmen	62	C.N..Faynagua C. Telde	5:56.00	25m	___:___:___

Serie 2 de 5

1	RIVERO RIVERO, Natalia Del Carmen	86	C.D. Solventia	3:51.31	25m	___:___:___
2	VEGA IBRAHIM, Ainhoa	05	C.D.N. Playuki	3:42.35	25m	___:___:___
3	ARENCIBIA PERERA, Miriam	97	C.N. Valleverde	3:34.27	25m	___:___:___
4	HERNANDEZ MARRERO, Yurena Arantzazu	82	Cn.Salinas Sta.Lucia	3:34.66	50m	___:___:___
5	VALENCIA PAREDES, Nuria	00	C.D. Solventia	3:32.25	25m	___:___:___
6	PEREZ SANTANA, Aranzazu	66	C.N. Valleverde	3:41.40	50m	___:___:___
7	RODRIGUEZ ESPARRAGON, Isabel	71	C.D. Nonadamos	3:45.96	25m	___:___:___

Serie 3 de 5

1	CORTES ALVAREZ, Elisa	82	C.D. Jescagua	3:20.71	25m	___:___:___
2	SANCHEZ LEAL, Gema Isabel	64	C. Tenerife Masters	3:21.81	50m	___:___:___
3	IZQUIERDO RODRIGUEZ, Cristina	74	C. Tenerife Masters	3:03.53	25m	___:___:___
4	PICOS HERNANDEZ, Laura	97	C.D. Nonadamos	2:55.81	25m	___:___:___
5	GONZALEZ MARRERO, Elena Maria	01	C.N. Valleverde	2:58.50	25m	___:___:___
6	HERNANDEZ HERNANDEZ, Elena	89	C.D. Jerez Natacion Master	3:09.01	25m	___:___:___
7	GONZALEZ ARIAS, Rosa Maria	71	C. Tenerife Masters	3:19.35	25m	___:___:___

Serie 4 de 5

1	GONZALEZ MARRERO, Isabel Del Carmen	04	C.N. Valleverde	2:55.50	25m	___:___:___
2	RODRIGUEZ CHAVEZ, Rocio Evelin	93	C.N. Los Cristianos	2:51.35	25m	___:___:___
3	DELGADO MARTIN, Montserrat	75	C.N. Los Cristianos	2:48.99	50m	___:___:___
4	GARCIA ALARCOS, Sara	80	C.N. Vulcania Master	2:41.42	50m	___:___:___
5	PULIDO MONZON, Laura	98	C.D. Jescagua	2:42.52	25m	___:___:___
6	QUINTANA FRANCO, Haridian	91	Cn.Salinas Sta.Lucia	2:48.71	25m	___:___:___
7	ESPINEL ALEMAN, Nerea	03	Cn.Salinas Sta.Lucia	2:54.72	25m	___:___:___

Serie 5 de 5

1	MARTINEZ VALLEJO, Itamar	97	C. Tenis Chamartin	2:36.54	25m	___:___:___
2	BOUCHET, Sybille	93	C.N. Metropole	2:24.17	25m	___:___:___
3	PULIDO MAYOR, Sheila	98	C.N..Faynagua C. Telde	2:18.45	25m	___:___:___
4	DE CASTRO URQUIOLA, Helena	04	C.D. Nonadamos	2:14.88	25m	___:___:___
5	ARTILES CARBALLO, Irene	96	C.N. Las Palmas	2:19.51	50m	___:___:___
6	VALIDO CARREÑO, Isabel	74	C.N. Las Palmas	2:24.08	25m	___:___:___
7	ESCATLLAR FDEZ. DE MISA, Concepcion	66	C. Tenerife Masters	2:27.13	50m	___:___:___

Prueba 24  
21/12/2025

Masc., 200m Libre

20 años y mayores  
Lista de salida

AN

Serie 1 de 8

3	MORALES CARREÑO, Fernando	79	C.D. Solventia	4:55.00	25m	___:___:___
4	RAMOS SAINZ, Miguel	58	C. Tenerife Masters	4:00.77	25m	___:___:___
5	TORRES DE MIGUEL, David	86	Club Deportivo Teimar	4:06.75	50m	___:___:___

Serie 2 de 8

1	O SHANAHAN ROCA, Mauricio	42	C.N. Metropole	3:54.43	50m	___:___:___
2	NUEZ MARRERO, Cristian	02	C.N. Carucagua	3:21.46	25m	___:___:___
3	MEDINA LORENZO, Saul	89	C.N. Carucagua	3:11.00	25m	___:___:___
4	CHANTADA FERNANDEZ, Luis	55	C.N. Vulcania Master	2:57.94	25m	___:___:___
5	MARTIN FLEITAS, Raul	92	C.N. Las Palmas	2:58.05	25m	___:___:___
6	GONZALEZ RODRIGUEZ, Enrique	84	C.N. Las Palmas	3:16.00	25m	___:___:___
7	LOARCES FUENTES, Francisco Manuel	72	C.D. Nonadamos	3:35.74	25m	___:___:___

Serie 3 de 8

1	DOMINGUEZ AFONSO, Oscar Antonio	70	C.N. Oceano Puerto Cruz	2:53.42	25m	___:___:___
2	MARICHAL, Ivanosky	86	C.N. Las Palmas	2:50.89	50m	___:___:___
3	ARENCIBIA DIAZ, Victor	92	C.D. Belen Maria	2:45.00	25m	___:___:___
4	HERNANDEZ BENTO, Enrique Francisco	64	C.D. Belen Maria	2:44.84	50m	___:___:___
5	SANTANA SANTANA, Gustavo Adolfo	67	Club Gloria Swimtrain Maspalomas	2:42.05	25m	___:___:___
6	CARDENES SILVA, Juan Jose	63	C.N. Las Palmas	2:46.12	25m	___:___:___
7	DIAZ DIAZ, Celso Julio	59	C. Tenerife Masters	2:51.19	50m	___:___:___

Serie 4 de 8

1	LEMME MARQUEZ, Gustavo Francisco	92	C.D. Nonadamos	2:40.19	25m	___:___:___
2	SILVA ELVIRA, Aday	81	C.N. Las Palmas	2:39.49	25m	___:___:___
3	LOPEZ DEL PINO, Miguel	89	C.N..Faynagua C. Telde	2:39.27	25m	___:___:___
4	ALVAREZ ALAMO, Emilio	74	Club Gloria Swimtrain Maspalomas	2:40.05	50m	___:___:___
5	ELGUE GRANDI, Juan Carlos	52	C.N. Las Palmas	2:41.26	50m	___:___:___
6	GIL HENRIQUEZ, Jorge Juan	72	C.N. Las Palmas	2:39.47	25m	___:___:___
7	DELGADO PEREZ, Jefferson Jonathan	85	C.D. Jescagua	2:40.00	25m	___:___:___

Serie 5 de 8

1	TORRES MARZO, Jose Luis	57	C. Tenerife Masters	2:40.03	50m	___:___:___
2	GARCIA CABRERA, Miguel Angel	73	C. Tenerife Masters	2:35.00	25m	___:___:___
3	ARIAS FEBLES, Jose Manuel	64	C.N. Metropole	2:33.62	50m	___:___:___
4	DELGADO MELIAN, Carlos Javier	95	C.N. Los Cristianos	2:27.36	25m	___:___:___
5	LOPEZ TREJO RODRIGUEZ, Victor Manuel	70	C.N. Las Palmas	2:27.89	25m	___:___:___
6	SUAREZ GUZMAN, Alexis Leon	75	C.D. Belen Maria	2:37.10	50m	___:___:___
7	ALZOLA MEDINA, Victor	69	C.D. Belen Maria	2:35.00	25m	___:___:___

Serie 6 de 8

1	LUZARDO RODRIGUEZ, Gustavo Adolfo	66	C.N. Metropole	2:30.39	50m	___:___:___
2	MARTINEZ IBORT, David	71	C.N. Las Palmas	2:28.65	50m	___:___:___
3	MACHIN CABRERA, Roberto	93	C.N. Valleverde	2:24.44	25m	___:___:___
4	GONZALEZ DIAZ, Yeray	83	Cn.Salinas Sta.Lucia	2:20.61	25m	___:___:___
5	PERAZA MARRERO, Alberto	75	C.N. Metropole	2:25.55	50m	___:___:___
6	YANES BOWDEN, Geoffrey	80	C. Tenerife Masters	2:28.11	50m	___:___:___
7	QUINTANA RODRIGUEZ, Alvaro	74	C. Tenerife Masters	2:26.47	25m	___:___:___

Prueba 24, Masc., 200m Libre

Serie 7 de 8

1	GARCIA PEREZ, Alexis	75	C.N. Las Palmas	2:20.51	25m	___:___:___
2	MARVELLI, Andres	68	C.N. Las Palmas	2:20.00	25m	___:___:___
3	MORALES RODRIGUEZ, Sergio	73	A.D. Santa Cruz	2:16.62	50m	___:___:___
4	RODRIGUEZ RIVERO, Alejandro	99	Club Gloria Swimtrain Maspalomas	2:12.87	50m	___:___:___
5	EHRHARDT, Thomas	77	C.N. Metropole	2:15.98	50m	___:___:___
6	GARCIA MEDINA, Israel	78	C.D. Belen Maria	2:21.43	50m	___:___:___
7	SUAREZ GARCIA, Adrian	96	C.D. Belen Maria	2:20.04	25m	___:___:___

Serie 8 de 8

1	MARRERO DELGADO, Eduardo Alberto	99	C.N. Los Cristianos	2:08.40	25m	___:___:___
2	PEREZ GARCIA, Jonay	77	C. Tenerife Masters	2:10.48	50m	___:___:___
3	SANTANA SARMIENTO, Miguel	83	C.N..Faynagua C. Telde	2:06.78	50m	___:___:___
4	ALONSO DOMINGUEZ, Manuel	00	C.N. Metropole	1:54.63	25m	___:___:___
5	PEREZ HERNANDEZ, Ismael	05	C.D. Jerez Natacion Master	2:05.09	50m	___:___:___
6	SANTANA HERNANDEZ, Adrian Manuel	95	C.N. Las Palmas	2:08.63	50m	___:___:___
7	REINO ASCANIO, Abian	77	C.N. Metropole	2:07.63	25m	___:___:___

Prueba 25  
21/12/2025

Fem., 100m Mariposa

20 años y mayores  
Lista de salida

AN

Serie 1 de 2

3	OJEDA QUINTANA, Gloria Esther	69	C.N. Metropole	2:06.26	25m	___:___:___
4	WINKLER, Nicole	71	C.N. Vulcania Master	1:34.47	25m	___:___:___
5	ASENCIO PEREZ, Ma Jose	74	C.N. Los Cristianos	1:43.88	50m	___:___:___

Serie 2 de 2

1	FELIPE RODRIGUEZ, Ylenia Del Carmen	01	C.N. Las Palmas	1:23.77	50m	___:___:___
2	RIVERO GONZALEZ, Erika	01	C.N. Las Palmas	1:16.50	50m	___:___:___
3	MARTIN MELIAN, Raquel	99	C.N. Vulcania Master	1:11.24	25m	___:___:___
4	LAMBERTO GARCIA, Ana Maria	02	C.D. Jerez Natacion Master	1:05.02	25m	___:___:___
5	DIAZ RODRIGUEZ, Grisela	02	C.D. Jescagua	1:11.70	50m	___:___:___
6	ARMAS ROCA, Marta	83	C.N. Metropole	1:12.78	25m	___:___:___
7	QUINTANA SERRANO, Maria Begoña	92	C.N. Metropole	1:20.00	25m	___:___:___

Prueba 26  
21/12/2025

Masc., 100m Mariposa

20 años y mayores  
Lista de salida

AN

Serie 1 de 4

2	DOMINGUEZ AFONSO, Oscar Antonio	70	C.N. Oceano Puerto Cruz	1:42.11	25m	___:___:___
3	OJEDA RODRIGUEZ, Alejandro	79	C.N. Valleverde	1:37.50	25m	___:___:___
4	MARTINEZ LLISO, Claudio	66	C.N. Metropole	1:32.27	25m	___:___:___
5	AKOUDAD ZIZAOUI, Mohamed	05	Cn.Salinas Sta.Lucia	1:32.35	25m	___:___:___
6	BREMON PEREZ, Carlos	47	C. Tenerife Masters	1:39.18	25m	___:___:___
7	GONZALEZ RODRIGUEZ, Enrique	84	C.N. Las Palmas	1:57.79	50m	___:___:___

Prueba 26, Masc., 100m Mariposa

Serie 2 de 4

1	TIETJEN, Uwe	64	Club Gloria Swimtrain Maspalomas	1:24.38	50m	___:___:___
2	GARCIA MEDINA, Israel	78	C.D. Belen Maria	1:23.40	50m	___:___:___
3	SOLLA VELOSO, Ivan	78	C. Tenerife Masters	1:19.03	25m	___:___:___
4	CABRERA GONZALEZ, Marcos	60	C. Tenerife Masters	1:15.73	50m	___:___:___
5	NEGRIN RODRIGUEZ, Francisco Jesus	94	C. Tenerife Masters	1:16.88	50m	___:___:___
6	LEON TRUJILLO, Ernesto	01	Cn.Salinas Sta.Lucia	1:20.15	25m	___:___:___
7	ARENCIBIA DE LA CRUZ, Alejandro	81	C.N. Aguacan	1:23.54	50m	___:___:___

Serie 3 de 4

1	ESPINO MORILLAS, Juan Luis	72	C.N. Aguacan	1:14.66	50m	___:___:___
2	GUTIERREZ ASCANIO, Ciro	70	C.N. Metropole	1:07.48	50m	___:___:___
3	REINO ASCANIO, Abian	77	C.N. Metropole	1:05.64	25m	___:___:___
4	NUÑEZ NODA, Bernardo	65	C. Tenerife Masters	1:04.86	25m	___:___:___
5	RODRIGUEZ GARCIA, Pablo	02	C.N. Las Palmas	1:05.00	25m	___:___:___
6	BRUSCOLOTTI, Fabio	68	C. Tenerife Masters	1:07.41	50m	___:___:___
7	BACALLADO CARMONA, Antonio	05	C.N. Las Palmas	1:08.12	25m	___:___:___

Serie 4 de 4

1	VIERA VIERA, Acoran	03	C.D. Nonadamos	1:05.46	50m	___:___:___
2	TONELLI, Marcello	75	C.N. Metropole	1:02.22	25m	___:___:___
3	PRIETO RODRIGUEZ, Daniel	00	C.N. Vulcania Master	58.29	25m	___:___:___
4	GONZALEZ ALONSO, Airam	95	A.D. Santa Cruz	58.31	50m	___:___:___
5	FRIAS RICO, Manuel	93	C.N. Vulcania Master	59.35	50m	___:___:___
6	CARRO BONILLA, Cristobal	04	A.D. Santa Cruz	1:01.44	50m	___:___:___
7	OUBIÑA CORVALAN, Marcos A	05	C.D. Nonadamos	1:03.59	25m	___:___:___

Prueba 27  
21/12/2025

Fem., 50m Braza

20 años y mayores  
Lista de salida

AN

Serie 1 de 7

3	OJEDA GARCIA, Ma Dolores	42	C.D.N. Playuki	1:52.45	25m	___:___:___
4	PERERA RIVERO, Victoria	74	C.N. Valleverde	1:27.01	25m	___:___:___
5	CAMPOS ABDULAH, Maria Del Carmen	78	C.N. Metropole	1:30.00	25m	___:___:___

Serie 2 de 7

2	SANCHEZ LEAL, Gema Isabel	64	C. Tenerife Masters	1:10.00	25m	___:___:___
3	GARCIA PADRON, Noelia Marina	73	C.D. Nonadamos	1:04.53	25m	___:___:___
4	AFONSO RIVERO, Vanessa Del Carmen	77	C.N. Carucagua	1:03.04	25m	___:___:___
5	RODRIGUEZ ESPARRAGON, Isabel	71	C.D. Nonadamos	1:03.63	25m	___:___:___
6	ISIDORO VIERA, Yolanda	86	C.D. Nonadamos	1:05.19	25m	___:___:___
7	SANTANA CANSADO, Maria Del Carmen	54	C.N. Metropole	1:15.00	50m	___:___:___

Serie 3 de 7

1	CELAYE GARCIA, Diana Beatriz	81	C.D. Nonadamos	58.54	50m	___:___:___
2	URIARTE MARRON, Cristina	63	C. Tenerife Masters	55.98	25m	___:___:___
3	SANTANA TRUJILLO, Yaiza	77	C.D.N. Playuki	55.00	25m	___:___:___
4	BRANF, Judith Sarah	60	C.N. Vulcania Master	54.66	50m	___:___:___
5	DE ARMAS FUMERO, Elsa	57	C. Tenerife Masters	54.78	50m	___:___:___
6	MOSHASHAEI MOSHASHAEI, Neda Sadat	74	Cn.Salinas Sta.Lucia	55.70	25m	___:___:___
7	MACARIO GONZALEZ, Yaiza	81	C.D. Jescagua	56.51	25m	___:___:___

Prueba 27, Fem., 50m Braza

Serie 4 de 7

1	ALEMAN DEL ROSARIO, Juana R	77	C.N. Las Palmas	54.13	25m	___:___:___
2	MILLAN MUÑOZ, Maria Jesus	80	C.N. Las Palmas	53.52	25m	___:___:___
3	ERCOLINI, Marina Eva	79	C.N. Los Cristianos	51.93	25m	___:___:___
4	NEIRA FERNANDEZ, Lorena	87	C.N. Metropole	50.18	25m	___:___:___
5	ALVAREZ JORGE, Carmen Rita	80	C.D.N. Playuki	51.46	50m	___:___:___
6	DELGADO MARTIN, Maria Elisabet	94	C.D. Nonadamos	52.57	50m	___:___:___
7	GONZALEZ RAMOS, Raquel	95	C.D.N. Playuki	53.96	25m	___:___:___

Serie 5 de 7

1	PEREZ MACIAS, Juana Teresa	63	C.N. Metropole	50.21	50m	___:___:___
2	LOPEZ GONZALEZ, Esther	55	C. Tenerife Masters	48.32	25m	___:___:___
3	FERRERA HERNANDEZ, Zayra	01	Club Deportivo Teimar	45.82	25m	___:___:___
4	PICOS HERNANDEZ, Laura	97	C.D. Nonadamos	45.01	50m	___:___:___
5	GONZALEZ RODRIGUEZ, Mercedes	67	C. Tenerife Masters	46.05	50m	___:___:___
6	ARENCIBIA SANCHEZ, Laura	91	Club Natación Ocho De Septiembre	47.69	25m	___:___:___
7	LAIS, Cinzia	59	C.N. Vulcania Master	49.45	50m	___:___:___

Serie 6 de 7

1	HERNANDEZ BALAGUERA, Marta	89	C.D. Nonadamos	44.35	25m	___:___:___
2	GIRALDEZ OSORIO, Marta	00	C.D. Solventia	44.22	50m	___:___:___
3	PARIS SANCHEZ, Monica	71	C. Tenerife Masters	42.68	50m	___:___:___
4	MORA ESPINO, Mercedes	79	C.D. Jerez Natacion Master	41.80	50m	___:___:___
5	RODRIGO SANCHEZ, Davinia	92	Cn.Salinas Sta.Lucia	41.78	25m	___:___:___
6	ST MARY, Sara	04	C.N. Las Palmas	43.00	25m	___:___:___
7	GONZALEZ ALBUJAR, Maria Rosa	70	C.N. Metropole	44.74	50m	___:___:___

Serie 7 de 7

1	GARCIA DENIZ, Zaida	83	C.N. Las Palmas	40.49	25m	___:___:___
2	GONZALEZ ALARCON, Nerea	02	C.D. Jerez Natacion Master	38.49	25m	___:___:___
3	ROLDAN GOMEZ, Alba	86	C.D. Jerez Natacion Master	36.22	25m	___:___:___
4	CAMPBELL ZEMIER, Veronica	86	C.N. Metropole	34.40	50m	___:___:___
5	MARTINEZ SANCHEZ, Camino	97	C. Tennis Chamartin	35.91	25m	___:___:___
6	BORDON CABRERA, Judith	05	C.D.N. Playuki	36.98	25m	___:___:___
7	GARCIA GARCIA, Maria Miriam	72	C. Tenerife Masters	40.53	50m	___:___:___

Prueba 28  
21/12/2025

Masc., 50m Braza

20 años y mayores  
Lista de salida

AN

Serie 1 de 10

2	MONTELONGO MANRIQUE DE LARA, A.	93	C.N. Las Palmas	1:25.03	25m	___:___:___
3	OJEDA ARENCIBIA, Pablo Alejandro	61	C.N. Valleverde	1:09.90	25m	___:___:___
4	ORTEGA MONTERO, Jorge	84	C.N. Valleverde	56.36	50m	___:___:___
5	ARENCIBIA QUINTANA, Jose Luis	74	C.N. Valleverde	1:01.55	25m	___:___:___
6	ROEDER, Peter	37	C. Tenerife Masters	1:13.31	25m	___:___:___
7	CABRERA WINTER, Alvaro	01	C.N..Faynagua C. Telde	NT	___:___:___	___:___:___

Prueba 28, Masc., 50m Braza

Serie 2 de 10

1 BRAVO DE LAGUNA SOCORRO, Alberto	62	C.N. Las Palmas	53.90	50m	_____
2 RODRIGUEZ MEDINA, Abian	93	C.D.N. Playuki	51.69	25m	_____
3 RODRIGUEZ SANTANA, Ernesto	70	C.N. Valleverde	50.11	25m	_____
4 CHECA FAJARDO, Placido	50	C.N. Metropole	50.60	50m	_____
5 CABRERA BARBUZANO, Fernando	48	C.D.N. Playuki	50.62	50m	_____
6 MARTIN HERNANDEZ, Alejandro	67	C.N. Las Palmas	51.93	50m	_____
7 HERNANDEZ GONZALEZ, Simeon	87	C.N. Oceano Puerto Cruz	52.64	50m	_____

Serie 3 de 10

1 CASTRILLON GARCIA-DELGADO, Jose Luis	49	C. Tenerife Masters	49.99	50m	_____
2 MARICHAL RAMOS, Martin	54	C. Tenerife Masters	49.56	50m	_____
3 PEREZ ARMAS, Alvaro	04	C.N. Carucagua	47.22	25m	_____
4 PEREZ TORRES, Mariano Luis	84	C.D. Solventia	46.29	25m	_____
5 CAMPANALUNGA LAVAGNINI, Dimas	70	C.N. Faynagua C. Telde	47.73	50m	_____
6 MORALES CARREÑO, Fernando	79	C.D. Solventia	47.46	25m	_____
7 AROCHA DE LEON, Sebastian Fernando	54	C.N. Metropole	49.04	25m	_____

Serie 4 de 10

1 TORRES BETANCOR, Francisco Javier	71	C.D.N. Playuki	46.62	50m	_____
2 HERNANDEZ RODRIGUEZ, Horacio	71	C.N. Metropole	45.46	25m	_____
3 DIAZ CASTRO, Jose Maria	57	C. Tenerife Masters	45.38	50m	_____
4 DIAZ QUINTANA, Ruben	73	C.N. Carucagua	44.37	25m	_____
5 HERNANDEZ DE LA ROSA, Ignacio Manuel	65	Club Deportivo Teimar	45.18	50m	_____
6 QUEVEDO HERNANDEZ, Rafael	64	C.D. Jescagua	45.66	50m	_____
7 DORTA MACIA, Carlos	62	C. Tenerife Masters	46.39	50m	_____

Serie 5 de 10

1 MOREIRAS DELLA-VENTURA, Francisco Jose	64	C.N. Metropole	44.69	50m	_____
2 GARCIA OSSORIO, Jose Luis	65	C. Tenerife Masters	44.28	50m	_____
3 VICENTE CABRERA, Laureano	67	C.N. Metropole	43.41	50m	_____
4 MATAS MONROY, Javier Hernan	00	Cn. Salinas Sta. Lucia	43.05	50m	_____
5 MARTIN ALMEIDA, Luis A.	76	C.D. Belen Maria	43.18	50m	_____
6 MELIAN GOMEZ, Francisco David	75	C. Tenerife Masters	43.00	25m	_____
7 GARCIA DIAZ, Cayetano	71	C.D. Nonadamos	44.64	50m	_____

Serie 6 de 10

1 SANCHEZ FRAILE, David	96	C.N. Los Cristianos	42.08	25m	_____
2 RIVERO RODRIGUEZ, Kilian	03	Club Natación Ocho De Septiembre	41.00	25m	_____
3 GARCIA DE LA HOZ, Adrian Cipriano	93	C.D. Nonadamos	41.01	50m	_____
4 MOSLER, Roman	81	C.N. Las Palmas	40.85	50m	_____
5 GARCIA GARCIA, Jose Agustin	73	C.N. Vulcania Master	40.92	50m	_____
6 PERERA MOLINERO, Antonio	55	C. Tenerife Masters	40.64	25m	_____
7 LOPEZ ALONSO, Kilian	85	C.D. Belen Maria	42.00	25m	_____

Serie 7 de 10

1 GIL LEON, Javier Luis	65	C.N. Carucagua	40.70	50m	_____
2 ST MARY, Enrique	70	C.N. Las Palmas	39.33	25m	_____
3 NUEZ SANCHEZ, Carlos Luis	69	C.N. Aguacan	39.77	50m	_____
4 GUTIERREZ QUINTERO, Nuhacet	82	C.N. Los Cristianos	38.25	50m	_____
5 QUEVEDO MEDINA, Ulises	90	C.D. Belen Maria	38.97	25m	_____
6 MARTIN PIELTAIN, Ione Manuel	83	C.N. Aguacan	39.78	50m	_____
7 PEREZ DIAZ, Juan Jose	94	C.D. Belen Maria	40.42	50m	_____



Prueba 28, Masc., 50m Braza

Serie 8 de 10

1	CAZORLA ARTILES, Jose Manuel	93	Cn.Salinas Sta.Lucia	38.19	50m	___:___:___
2	DUARTE RIVADO, Raul	90	C.N. Valleverde	36.98	25m	___:___:___
3	MELIAN VILLALOBOS, Jose	73	C.N. Las Palmas	37.33	50m	___:___:___
4	PEREZ GARCIA, Adan	97	C.N. Martianez Coral Hotels	35.00	25m	___:___:___
5	ACEITUNO MARTINEZ, Manuel Jesus	98	C.D. Nonadamos	36.09	50m	___:___:___
6	SANTANA MIRANDA, Antonio Manuel	67	C.N. Metropole	37.54	50m	___:___:___
7	CIRUGEDA LOPEZ, Aythami	97	C.N. Vulcania Master	37.00	25m	___:___:___

Serie 9 de 10

1	GONZALEZ GONZALEZ, Francisco Jose	83	Club Deportivo Teimar	34.63	25m	___:___:___
2	MORALES MARTINEZ, Adrian Luis	89	Club Deportivo Teimar	35.02	50m	___:___:___
3	ROJANO BROZ, Javier	79	C.N. Metropole	33.53	50m	___:___:___
4	MEZZANZANICA, Fabio	85	C.N. Los Cristianos	32.48	25m	___:___:___
5	AYALA MAESTRE, Alejandro	97	C.D. Jerez Natacion Master	32.71	25m	___:___:___
6	DOMINGUEZ CABRERA, Arnaudis	67	C.D. Belen Maria	33.24	25m	___:___:___
7	MARTINEZ SANTOS, Ricardo Jose	76	C.N. Las Palmas	35.13	50m	___:___:___

Serie 10 de 10

1	BEDOYA OTERO, Omar	81	C.N. Valleverde	32.10	25m	___:___:___
2	SANTANA LOPEZ, Yosias	89	C.N. Metropole	31.61	50m	___:___:___
3	CERPA CABALLERO, Jonay Salvador	99	C.N. Los Cristianos	30.80	50m	___:___:___
4	SANTANA PEREZ, Saul Carmelo	02	C.N. Las Palmas	29.44	50m	___:___:___
5	AGUADO DOMINGUEZ, Ismael	82	C.D. Jerez Natacion Master	29.75	25m	___:___:___
6	AFONSO SUAREZ, Ivan	96	C.N. Los Cristianos	30.50	25m	___:___:___
7	ALVAREZ VALENCIA, Nestor	00	C.N. Vulcania Master	31.49	25m	___:___:___

Prueba 29  
21/12/2025

400m Estilos

20 años y mayores  
Lista de salida

AN

Serie 1 de 3

1	METZ, Michael Gustav	48	C. Tenerife Masters	8:50.42	50m	___:___:___
2	GONZALEZ RODRIGUEZ, Enrique	84	C.N. Las Palmas	7:52.84	25m	___:___:___
3	GIL HENRIQUEZ, Jorge Juan	72	C.N. Las Palmas	7:27.98	25m	___:___:___
4	NEGRIN FIGUEROA, Elena	70	C. Tenerife Masters	6:56.90	50m	___:___:___
5	MERLO CANO, Joaquin	82	C. Tenerife Masters	6:58.00	25m	___:___:___
6	RAMIREZ SANTANA, Cristina	65	C.N. Metropole	7:30.00	25m	___:___:___
7	FERNANDEZ LOVERA, Juan	65	C.N. Carucagua	8:14.99	50m	___:___:___

Serie 2 de 3

1	GUEDES ALONSO, Francisco Yeray	80	C.N. Valleverde	6:44.83	25m	___:___:___
2	MENDEZ PEREZ, Neftali	86	Cn.Salinas Sta.Lucia	6:39.54	25m	___:___:___
3	BERNARDOS CRUZ, Idoia	83	C.N. Metropole	6:20.00	25m	___:___:___
4	GARCIA CATALA, Josue	87	C.N. Metropole	5:50.00	25m	___:___:___
5	GONZALEZ DIAZ, Yeray	83	Cn.Salinas Sta.Lucia	5:51.17	25m	___:___:___
6	ARENCIBIA AFONSO, Alfredo	68	C.N. Las Palmas	6:31.06	50m	___:___:___
7	CABALLERO PEÑATE, Angel Jose	01	C.D. Jescagua	6:40.00	25m	___:___:___

Prueba 29, 400m Estilos

Serie 3 de 3

1 PEREZ GARCIA, Jonay	77	C. Tenerife Masters	5:49.53	50m	___:___:___
2 HENRIQUEZ HERNANDEZ, Rafael	87	C.N. Las Palmas	5:32.01	50m	___:___:___
3 SANTANA SARMIENTO, Miguel	83	C.N..Faynagua C. Telde	5:13.10	25m	___:___:___
4 RUIZ SEIJO, Brais	98	C.N. Vulcania Master	4:55.45	50m	___:___:___
5 PEÑA RODRÍGUEZ, Jeremy Tomas	04	Club Gloria Swimtrain Maspalomas	5:16.21	50m	___:___:___
6 MORALES RODRÍGUEZ, Sergio	73	A.D. Santa Cruz	5:29.21	50m	___:___:___
7 GARCIA FIERRO, Victor Manuel	88	C.N. Metropole	5:45.78	50m	___:___:___

Prueba 30  
21/12/2025

Fem., 50m Libre

20 años y mayores  
Lista de salida

AN

Serie 1 de 10

3 ROMERO SANCHEZ, Lidia	68	C.D. Jescagua	1:26.78	50m	___:___:___
4 SANTANA GUERRA, Maria Dolores	69	C.N. Valleverde	1:03.87	25m	___:___:___
5 SANTANA CANSADO, Maria Del Carmen	54	C.N. Metropole	1:04.57	50m	___:___:___
6 FELIPE RAMIREZ, Maria Del Carmen	62	C.N..Faynagua C. Telde	1:27.00	25m	___:___:___

Serie 2 de 10

1 CHAAR ALEMAN, Maria Desiree	73	C.N. Metropole	1:01.52	50m	___:___:___
2 RAMIREZ CRUZ, Ruth	85	Cn.Salinas Sta.Lucia	51.64	25m	___:___:___
3 ARTILES DIEPA, Leticia	98	C.D.N. Playuki	48.36	50m	___:___:___
4 RAMIREZ HENRIQUEZ, Maria Del Pilar	74	Cn.Salinas Sta.Lucia	46.39	25m	___:___:___
5 RODRIGUEZ FAVED, Cintia	98	C.D. Solventia	46.89	25m	___:___:___
6 RODRIGUEZ MONTAÑEZ, Ruth	76	C.N. Los Cristianos	48.62	50m	___:___:___
7 GARCIA PADRON, Noelia Marina	73	C.D. Nonadamos	59.18	25m	___:___:___

Serie 3 de 10

1 ALEMAN DEL ROSARIO, Juana R	77	C.N. Las Palmas	45.40	25m	___:___:___
2 ISIDORO VIERA, Yolanda	86	C.D. Nonadamos	45.19	25m	___:___:___
3 BERNDTSSON, Ann Mari	70	C.N. Vulcania Master	42.36	25m	___:___:___
4 NEIRA FERNANDEZ, Lorena	87	C.N. Metropole	41.77	25m	___:___:___
5 GONZALEZ MEDINA, Vanessa Raquel	78	C.D. Nonadamos	42.48	50m	___:___:___
6 HERNANDEZ MARRERO, Yurena Arantzazu	82	Cn.Salinas Sta.Lucia	44.66	50m	___:___:___
7 RODRIGUEZ HERNANDEZ, Elena	66	C. Tenerife Masters	45.31	25m	___:___:___

Serie 4 de 10

1 GONZALEZ RAMOS, Raquel	95	C.D.N. Playuki	42.12	50m	___:___:___
2 LANG-LENTON LEON, Rosario	53	C.N. Metropole	41.84	50m	___:___:___
3 MILLAN MUÑOZ, Maria Jesus	80	C.N. Las Palmas	40.98	25m	___:___:___
4 FLORES SANTANA, Tania Del Carmen	84	C.D.N. Playuki	41.08	50m	___:___:___
5 MARTIN CABRERA, Jenifer	83	C.D. Nonadamos	40.69	25m	___:___:___
6 PEREZ RODRIGUEZ, Sheila	03	C.D.N. Playuki	41.15	25m	___:___:___
7 VEGA IBRAHIM, Ainhoa	05	C.D.N. Playuki	42.10	50m	___:___:___



Prueba 30, Fem., 50m Libre

Serie 5 de 10

1	SANTANA TRUJILLO, Yaiza	77	C.D.N. Playuki	40.51	25m	_____
2	GONZALEZ MARRERO, Elena Maria	01	C.N. Valleverde	39.94	25m	_____
3	MORALES LOZANO, Gloria	72	C.D. Jescagua	39.94	50m	_____
4	SANCHEZ LEAL, Gema Isabel	64	C. Tenerife Masters	39.56	50m	_____
5	FERNANDEZ PEREZ, Ana Maria	58	C.N. Metropole	39.62	50m	_____
6	RAMIREZ PERDOMO, Fatima	70	C.D. Nonadamos	39.94	25m	_____
7	YANEZ ORTEGA, Elena	90	Club Natación Ocho De Septiembre	40.00	25m	_____

Serie 6 de 10

1	CARAMES PEREZ, Carmen Dolores	68	C.N..Faynagua C. Telde	38.78	50m	_____
2	DE ARMAS FUMERO, Elsa	57	C. Tenerife Masters	37.22	25m	_____
3	IZQUIERDO RODRIGUEZ, Cristina	74	C. Tenerife Masters	36.88	25m	_____
4	GONZALEZ MARRERO, Isabel Del Carmen	04	C.N. Valleverde	36.02	25m	_____
5	PICOS HERNANDEZ, Laura	97	C.D. Nonadamos	36.66	50m	_____
6	SIGUERO MARTIN, Leticia	92	C.N. Aguacan	36.91	25m	_____
7	DIAZ SANTANA, Luz Marina	76	C.D.N. Playuki	37.71	50m	_____

Serie 7 de 10

1	ARENCIBIA SANCHEZ, Laura	91	Club Natación Ocho De Septiembre	35.53	25m	_____
2	RODRIGUEZ CHAVEZ, Rocio Evelin	93	C.N. Los Cristianos	35.11	25m	_____
3	GONZALEZ ALBUJAR, Maria Rosa	70	C.N. Metropole	34.89	50m	_____
4	MARTINEZ CABRERA, Carla	04	C.N. Metropole	34.00	25m	_____
5	ARENCIBIA REYES, Daniela	05	Club Natación Ocho De Septiembre	34.04	25m	_____
6	DOMINGUEZ MARTEL, Maria Jesus	68	C.N. Metropole	35.47	50m	_____
7	RIVERO SANTANA, Sheila	96	C.N. Las Palmas	35.36	25m	_____

Serie 8 de 10

1	ROSARIO BETANCOR, Ainhoa	97	C.D. Solventia	34.25	50m	_____
2	FERRERA HERNANDEZ, Zayra	01	Club Deportivo Teimar	33.30	50m	_____
3	PEREZ REYES, Irene	04	Club Deportivo Teimar	32.37	25m	_____
4	MEDINA SANTANA, Beatriz	95	C.D.N. Playuki	32.08	25m	_____
5	BENITEZ LOPEZ, Marta	02	C.D. Jerez Natacion Master	32.53	50m	_____
6	RAMIREZ PERDOMO, Ma Begona	73	C.D. Nonadamos	33.24	50m	_____
7	HERNANDEZ BALAGUERA, Marta	89	C.D. Nonadamos	33.13	25m	_____

Serie 9 de 10

1	MARTINEZ DA ALMEIDA, Selene	80	C.N. Villa De Agüimes 2016	32.26	50m	_____
2	LAVANDERA ALTESOR, Rosina	99	C.N. Los Cristianos	31.46	50m	_____
3	LIÑAN DEL ROSARIO, Maria Luisa	04	C.N. Metropole	30.96	50m	_____
4	PALMAS CANDIA, Chiara Sofia	93	C. Tenerife Masters	30.39	25m	_____
5	MARRERO DE LA NUEZ, Elisabeth	96	C.D. Belen Maria	30.92	50m	_____
6	ESCATLLAR FDEZ. DE MISA, Concepcion	66	C. Tenerife Masters	30.77	25m	_____
7	RAMOS SANTANA, Laura Maria	98	C.D. Nonadamos	31.55	50m	_____

Serie 10 de 10

1	GARCIA DENIZ, Zaida	83	C.N. Las Palmas	30.57	50m	_____
2	DE CASTRO URQUIOLA, Helena	04	C.D. Nonadamos	29.13	50m	_____
3	GARABATOS RODRIGUEZ, Susana	79	C.N. Los Cristianos	28.81	50m	_____
4	CAMPBELL ZEMIER, Veronica	86	C.N. Metropole	27.81	50m	_____
5	HERNANDEZ SANCHEZ, Lara	02	A.D. Santa Cruz	28.56	50m	_____
6	QUESADA GARCIA, Yanel	04	Cn.Salinas Sta.Lucia	28.97	50m	_____
7	SANTANA FLORES, Ainhoa	01	C.D. Belen Maria	30.17	25m	_____

Prueba 31  
21/12/2025

Masc., 50m Libre

20 años y mayores  
Lista de salida

AN

Serie 1 de 11

2	OJEDA ARENCIBIA, Pablo Alejandro	61	C.N. Valleverde	58.50	25m	___:___:___
3	RODRIGUEZ MARTINEZ, Rafael	45	C. Tenerife Masters	49.34	50m	___:___:___
4	RIERA MONTAL, Agustin	49	C. Tenerife Masters	42.46	25m	___:___:___
5	ORTEGA MONTERO, Jorge	84	C.N. Valleverde	44.24	50m	___:___:___
6	TORRES DE MIGUEL, David	86	Club Deportivo Teimar	52.21	50m	___:___:___

Serie 2 de 11

1	CABALLERO MADERA, Guillermo	55	C.N. Metropole	42.39	25m	___:___:___
2	SANTANA ACOSTA, Abisai Neri	91	C.D.N. Playuki	40.00	25m	___:___:___
3	MORALES CARREÑO, Fernando	79	C.D. Solventia	39.33	25m	___:___:___
4	CASTRILLON GARCIA-DELGADO, Jose Luis	49	C. Tenerife Masters	38.31	50m	___:___:___
5	PEREZ ARMAS, Alvaro	04	C.N. Carucagua	38.55	25m	___:___:___
6	DAUTA GIL, Juan Tomas	69	C.D.N. Playuki	39.85	25m	___:___:___
7	NUEZ MARRERO, Cristian	02	C.N. Carucagua	41.71	25m	___:___:___

Serie 3 de 11

1	RIVERO SANCHEZ, Sergio	54	C.N. Metropole	38.11	50m	___:___:___
2	CAMPANALUNGA LAVAGNINI, Dimas	70	C.N..Faynagua C. Telde	36.60	50m	___:___:___
3	GARCIA DIAZ, Cayetano	71	C.D. Nonadamos	36.08	50m	___:___:___
4	RODRIGUEZ SANTOS, Santiago	55	C. Tenerife Masters	34.00	25m	___:___:___
5	CABRERA BARBUZANO, Fernando	48	C.D.N. Playuki	35.31	50m	___:___:___
6	RAMIREZ MARRERO, Javier	67	C.N. Las Palmas	36.23	50m	___:___:___
7	CUBAS, David	76	C.D. Belen Maria	37.00	25m	___:___:___

Serie 4 de 11

1	MARTIN FLEITAS, Raul	92	C.N. Las Palmas	33.45	25m	___:___:___
2	SUAREZ GUZMAN, Alexis Leon	75	C.D. Belen Maria	33.47	50m	___:___:___
3	AROCHA DE LEON, Sebastian Fernando	54	C.N. Metropole	32.84	25m	___:___:___
4	ALZOLA MEDINA, Victor	69	C.D. Belen Maria	32.79	25m	___:___:___
5	RODRIGUEZ MEDINA, Abian	93	C.D.N. Playuki	32.79	25m	___:___:___
6	ELGUE GRANDI, Juan Carlos	52	C.N. Las Palmas	33.45	50m	___:___:___
7	MENDEZ PEREZ, Neftali	86	Cn.Salinas Sta.Lucia	33.02	25m	___:___:___

Serie 5 de 11

1	SANTANA CABALLERO, Jose	69	C.D. Belen Maria	33.33	50m	___:___:___
2	DIAZ DIAZ, Celso Julio	59	C. Tenerife Masters	32.52	25m	___:___:___
3	SANCHEZ FRAILE, David	96	C.N. Los Cristianos	32.16	25m	___:___:___
4	OJEDA AFONSO, Jose Antonio	93	C.N. Aguacan	31.61	25m	___:___:___
5	DIAZ QUINTANA, Ruben	73	C.N. Carucagua	32.08	25m	___:___:___
6	HERNANDEZ GONZALEZ, Simeon	87	C.N. Oceano Puerto Cruz	32.93	50m	___:___:___
7	QUESADA ORTEGA, Jose Ramon	60	C.N. Metropole	32.53	25m	___:___:___

Serie 6 de 11

1	AMOZA IRIGOYEN, Andres	67	C.N. Vulcania Master	32.13	50m	___:___:___
2	LUNA GIL, Antonio	55	C. Tenerife Masters	31.06	25m	___:___:___
3	GUTIERREZ QUINTERO, Nuhacet	82	C.N. Los Cristianos	31.43	50m	___:___:___
4	ARENCIBIA DIAZ, Victor	92	C.D. Belen Maria	31.23	50m	___:___:___
5	FARIAS OROPESA, Juan Jesus	70	C.N..Faynagua C. Telde	31.28	50m	___:___:___
6	LOPEZ ALONSO, Kilian	85	C.D. Belen Maria	31.00	25m	___:___:___
7	QUINTANA GARCIA, Daniel	85	C.N. Las Palmas	31.30	25m	___:___:___

Prueba 31, Masc., 50m Libre

Serie 7 de 11

1	VREEKAMP, Remko Hendrikus	67	C.D.N. Playuki	30.59	25m	_____
2	GIL LEON, Javier Luis	65	C.N. Carucagua	30.92	50m	_____
3	PEREZ DIAZ, Juan Jose	94	C.D. Belen Maria	30.76	50m	_____
4	MARTIN GIL, Oliverio	90	C.N. Vulcania Master	29.98	50m	_____
5	COLINA GIRALDA, Raul	71	C.N. Las Palmas	30.69	50m	_____
6	GARCIA CABRERA, Miguel Angel	73	C. Tenerife Masters	30.19	25m	_____
7	CEJUDO DELGADO, Angel	63	C.N. Vulcania Master	30.41	25m	_____

Serie 8 de 11

1	MARTEL TOLEDO, Luis	71	C. Tenerife Masters	29.65	50m	_____
2	ESPINO MORILLAS, Juan Luis	72	C.N. Aguacan	29.16	50m	_____
3	ACOSTA PERDOMO, Gabriel	94	C.N. Vulcania Master	28.37	25m	_____
4	HERNANDEZ DIAZ, Hector	75	C.N. Los Cristianos	28.02	25m	_____
5	CAZORLA ARTILES, Jose Manuel	93	Cn.Salinas Sta.Lucia	28.18	25m	_____
6	GARCIA MEDINA, Israel	78	C.D. Belen Maria	28.99	50m	_____
7	SANCHEZ JIMENEZ, Sergio	76	C.N. Villa De Agüimes 2016	28.82	25m	_____

Serie 9 de 11

1	CABRERA WINTER, Alvaro	01	C.N..Faynagua C. Telde	27.67	25m	_____
2	LOPEZ ALVARADO, Javier	71	C.N. Metropole	27.34	25m	_____
3	ORTIZ HERNANDEZ, Aday	90	Club Natación Ocho De Septiembre	27.00	25m	_____
4	RODRIGUEZ PULIDO, Daniel	89	C.N. Valleverde	26.95	25m	_____
5	CASTILLO DELGADO, Samuel	85	Club Deportivo Teimar	27.57	50m	_____
6	CABRERA PESTANA, Alejandro	80	C.N. Las Palmas	27.84	50m	_____
7	NAVAS OJEDA, Angel Luis	93	C.N. Metropole	28.10	50m	_____

Serie 10 de 11

1	GUTIERREZ ASCANIO, Ciro	70	C.N. Metropole	26.87	25m	_____
2	RODRIGUEZ MORALES, Agoney	99	C.N. Los Cristianos	27.21	50m	_____
3	ROJANO BROZ, Javier	79	C.N. Metropole	26.76	50m	_____
4	SANZ GONZALEZ, Oscar	98	Club Deportivo Teimar	25.68	25m	_____
5	DOS REIS SANTANA, Alejandro	04	C.N. Aguacan	26.50	50m	_____
6	LAGO CARABALLO, Saul	98	Cn.Salinas Sta.Lucia	26.38	25m	_____
7	BETANCOR CALLERO, Carlos	95	C.N. Metropole	26.86	25m	_____

Serie 11 de 11

1	RODRIGUEZ RIVERO, Alejandro	99	Club Gloria Swimtrain Maspalomas	25.58	25m	_____
2	GONZALEZ ALONSO, Airam	95	A.D. Santa Cruz	24.60	50m	_____
3	ALONSO DOMINGUEZ, Manuel	00	C.N. Metropole	24.43	50m	_____
4	MARTEL MARTEL, Aimar	03	C.D. Jescagua	24.14	50m	_____
5	ZURITA GARCIA, Raul	04	C.N. Metropole	24.23	50m	_____
6	RAMIREZ O SHANAHAN, Guillermo	93	C.N. Metropole	24.60	50m	_____
7	CARRO BONILLA, Cristobal	04	A.D. Santa Cruz	24.96	25m	_____

Prueba 32  
21/12/2025

Fem., 4 x 50m Estilos

AG 80 - 399  
Lista de salida

Serie 1 de 5

1 C.N. Metropole 320	C.N. Metropole	NT	_____
2 C.N. Metropole 280	C.N. Metropole	3:55.83 50m	_____
3 C. Tenerife Masters 280	C. Tenerife Masters	3:12.65 50m	_____
4 C.N. Vulcania Master 240	C.N. Vulcania Master	2:40.12 25m	_____
5 C.N. Metropole 240	C.N. Metropole	2:35.13 25m	_____
6 C. Tenerife Masters 240	C. Tenerife Masters	2:36.92 25m	_____

Serie 2 de 5

2 C.D. Jescagua 200	C.D. Jescagua	3:41.91 25m	_____
3 C.N. Vulcania Master 200	C.N. Vulcania Master	2:32.49 50m	_____
4 C. Tenerife Masters 200	C. Tenerife Masters	2:22.86 50m	_____
5 C.N. Metropole 200	C.N. Metropole	2:26.20 25m	_____
6 C.D. Nonadamos 200	C.D. Nonadamos	3:05.27 25m	_____
7 C.D.N. Playuki 200	C.D.N. Playuki	3:53.75 50m	_____

Serie 3 de 5

1 C.N. Valleverde 160	C.N. Valleverde	4:11.90 25m	_____
2 C.N. Vulcania Master 160	C.N. Vulcania Master	2:39.22 25m	_____
3 C.N. Los Cristianos 160	C.N. Los Cristianos	2:30.74 25m	_____
4 C. Tenerife Masters 160	C. Tenerife Masters	2:21.38 50m	_____
5 C.N. Metropole 160	C.N. Metropole	2:23.84 50m	_____
6 C.N. Las Palmas 160	C.N. Las Palmas	2:39.94 50m	_____
7 C.D. Nonadamos 160	C.D. Nonadamos	2:42.97 25m	_____

Serie 4 de 5

2 C.D. Nonadamos 120	C.D. Nonadamos	2:41.21 50m	_____
3 C.N. Los Cristianos 120	C.N. Los Cristianos	2:34.59 50m	_____
4 C.N. Vulcania Master 120	C.N. Vulcania Master	2:00.89 25m	_____
5 C.D.N. Playuki 120	C.D.N. Playuki	2:32.45 25m	_____
6 C.N. Metropole 120	C.N. Metropole	2:38.66 25m	_____

Serie 5 de 5

2 C.N. Metropole 100	C.N. Metropole	NT	_____
3 C.D. Solventia 100	C.D. Solventia	2:52.21 25m	_____
4 C.N. Metropole 80	C.N. Metropole	NT	_____
5 C.D.N. Playuki 80	C.D.N. Playuki	2:29.64 25m	_____
6 C.N. Las Palmas 80	C.N. Las Palmas	NT	_____

Prueba 33  
21/12/2025

Masc., 4 x 50m Estilos

AG 80 - 399  
Lista de salida

Serie 1 de 8

2 C.N. Metropole 320	C.N. Metropole	3:49.62 50m	_____
3 C. Tenerife Masters 320	C. Tenerife Masters	2:57.37 25m	_____
4 C. Tenerife Masters 280	C. Tenerife Masters	2:23.06 50m	_____
5 C.N. Metropole 280	C.N. Metropole	2:50.87 50m	_____

Prueba 33, Masc., 4 x 50m Estilos

Serie 2 de 8

2 C.D.N. Playuki 240	C.D.N. Playuki	2:53.82	25m	_____
3 C.N. Metropole 240	C.N. Metropole	2:29.07	50m	_____
4 C. Tenerife Masters 240	C. Tenerife Masters	2:12.16	25m	_____
5 C.N. Las Palmas 240	C.N. Las Palmas	2:28.86	50m	_____
6 C.N. Vulcania Master 240	C.N. Vulcania Master	2:32.61	25m	_____

Serie 3 de 8

2 C.N. Valleverde 200	C.N. Valleverde	3:21.21	25m	_____
3 C.N. Las Palmas 200	C.N. Las Palmas	2:14.34	50m	_____
4 C. Tenerife Masters 200	C. Tenerife Masters	1:57.85	50m	_____
5 C.N. Metropole 200	C.N. Metropole	1:58.13	50m	_____
6 Cn.Salinas Sta.Lucia 200	Cn.Salinas Sta.Lucia	2:39.91	25m	_____
7 C.D. Belen Maria 200	C.D. Belen Maria	NT		_____

Serie 4 de 8

3 C.N. Valleverde 160	C.N. Valleverde	2:44.53	25m	_____
4 C.D.N. Playuki 160	C.D.N. Playuki	2:26.21	25m	_____
5 C.N..Faynagua C. Telde 160	C.N..Faynagua C. Telde	2:32.36	25m	_____
6 C.N. Carucagua 160	C.N. Carucagua	NT		_____

Serie 5 de 8

1 C.D. Belen Maria 160	C.D. Belen Maria	2:24.60	50m	_____
2 C.N. Los Cristianos 160	C.N. Los Cristianos	2:13.62	25m	_____
3 C.N. Las Palmas 160	C.N. Las Palmas	2:02.14	50m	_____
4 C.N. Vulcania Master 160	C.N. Vulcania Master	1:42.81	25m	_____
5 C.N. Metropole 160	C.N. Metropole	1:56.39	50m	_____
6 C. Tenerife Masters 160	C. Tenerife Masters	2:04.60	50m	_____
7 C.N. Aguacan 160	C.N. Aguacan	2:19.59	25m	_____

Serie 6 de 8

1 C.D. Belen Maria 120	C.D. Belen Maria	NT		_____
2 Cn.Salinas Sta.Lucia 120	Cn.Salinas Sta.Lucia	2:11.28	50m	_____
3 C.N. Los Cristianos 120	C.N. Los Cristianos	1:58.64	25m	_____
4 C.N. Vulcania Master 120	C.N. Vulcania Master	1:48.87	50m	_____
5 C.N. Metropole 120	C.N. Metropole	2:00.17	50m	_____
6 Club Deportivo Teimar 120	Club Deportivo Teimar	2:02.99	25m	_____
7 C.N. Valleverde 120	C.N. Valleverde	2:08.38	25m	_____

Serie 7 de 8

3 C.N. Metropole 100	C.N. Metropole	NT		_____
4 C.N. Vulcania Master 100	C.N. Vulcania Master	1:51.35	25m	_____
5 C.D. Nonadamos 100	C.D. Nonadamos	2:19.73	50m	_____

Serie 8 de 8

2 Club Natación Ocho De Septiembre 80	Club Natación Ocho De Septiembre	NT		_____
3 C.D. Nonadamos 80	C.D. Nonadamos	2:15.90	25m	_____
4 Cn.Salinas Sta.Lucia 80	Cn.Salinas Sta.Lucia	1:53.67	25m	_____
5 C.D. Jerez Natacion Master 80	C.D. Jerez Natacion Master	1:55.13	25m	_____
6 C.N. Metropole 80	C.N. Metropole	NT		_____

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Prueba 34 21/12/2025	Fem., 4 x 200m Libre	AG 80 - 399 Lista de salida
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Prueba 35 21/12/2025	Masc., 4 x 200m Libre	AG 80 - 399 Lista de salida
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Prueba 36 21/12/2025	Mixto, 4 x 200m Libre	AG 80 - 399 Lista de salida
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Prueba 37 21/12/2025	Masc., Solo relevos	20 años y mayores Lista de salida
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Prueba 38 21/12/2025	Fem., Solo relevos	20 años y mayores Lista de salida
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